

# **Notice of Privacy Practices**

**Effective Date: July 1, 2025**

**Murad Counseling PLLC**

**Owner: Felix Murad, MEd., LPC-S (TX), LMHC (WA), CMHC (NH), NCC**

**Website: [www.muradcounseling.com](http://www.muradcounseling.com)**

**Phone: 956-659-2968**

**Email: [fmurad@muradcounseling.com](mailto:fmurad@muradcounseling.com)**

## **Your Rights**

You have the right to:

- Get a copy of your mental health record
- Request corrections to your health information
- Request confidential communications
- Ask for limits on what we share
- Get a list of who we've shared your information with
- Receive a copy of this privacy notice
- Choose someone to act for you (e.g., legal guardian or POA)
- File a complaint if you believe your rights are violated

## **Your Choices**

You may direct us to:

- Share information with family/friends involved in your care
- Disclose info in disaster relief situations
- Limit certain disclosures
- Not share information for marketing or fundraising purposes (we never do so without your written consent)

## **Our Uses and Disclosures**

We may use your information to:

- Treat you - e.g., coordinate care with other providers
- Run our practice - quality assurance, clinical documentation (via SimplePractice)
- Bill for services - private pay, insurance reimbursement if applicable

We may also disclose your information:

- To public health authorities (e.g., reporting abuse or imminent risk)

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- For law enforcement/legal compliance (when required by law)
- To health oversight agencies (e.g., licensing audits)
- In response to legal processes (subpoenas or court orders)
- To comply with HIPAA and applicable laws

### **Our Responsibilities**

- We protect your health info under HIPAA and applicable state laws.
- We notify you if a breach compromises your information.
- We only share your data as described here unless you authorize otherwise.

### **Technology and Communication**

We use SimplePractice, a HIPAA-compliant platform for scheduling, telehealth, and secure messaging. By using these tools, you consent to limited risks inherent in digital communication.

### **Questions or Complaints**

Contact us directly with any concerns about your privacy:

Murad Counseling PLLC

PO Box 371

Sebastian, TX 78594

Phone: 956-659-2968

Email: [fmurad@muradcounseling.com](mailto:fmurad@muradcounseling.com)

You can also file a complaint with the U.S. Department of Health and Human Services at [www.hhs.gov/ocr/privacy/hipaa/complaints/](http://www.hhs.gov/ocr/privacy/hipaa/complaints/)

You will not be penalized for filing a complaint.